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## Professional Summery

A dedicated **child psychologist** with more than 8000 hours of clinical experience with children and families and about 700 hours working as a counselor for university students. Permanently committed to updating professional knowledge by attending various workshops and courses related to the specialty and presented nearly 150 hours of seminars and classes for families and practitioners working in private settings or mental health services. Besides these, teaching in academic settings and attending in volunteering have been my favorite extra activities.

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## Work History

**Child Psychologist**, Mashhad Jahad Daneshgahi Counseling Center, Iran 2014 – Now

- ♦ Managed a semi-private practice of about 28 clients per week.
- ♦ Utilized child CBT and CCPT techniques to deal with children's issues.
- ♦ Implemented Mindsight and Mentalized based parenting protocols in consulting families.
- ♦ Held parenting workshops and group therapies for families.
- ♦ Trained newly hired child psychologists on clinic standards and procedures.
- ♦ Counselling families had adopted a child or were in the process of adoption (in collaboration with the provincial welfare system).

**Counsellor**, Ferdowsi University of Mashhad Counselling Center (FUMCC), Iran 2011-2014

- ♦ Conducted about 700 hours of counseling with students from different backgrounds and cultures.
- ♦ Developed new procedures for helping international students coming from Syria, Iraq, and African countries (as the head of the international section of the counseling center).
- ♦ Conducted the annual mental health assessment of about 1000 newly arrived students as a head of a team (2011-2012)
- ♦ Collaborated with other psychologists to provide a comprehensive patient care.

**Counsellor**, *Rah Haq Razavie Foster Care Home*, Iran 2011 – 2019

- ♦ Worked as a semi-private foster home psychologist.
- ♦ Performed child mental assessments developed and implemented treatment plans for each child and managed to refer to the psychiatrist and other related specialties.
- ♦ Managed home visiting appointments to follow up mental health condition of

children who were adopted by other families or returned to their own family.

- ♦ Collaborated with a multidisciplinary team to provide efficient childcare services for vulnerable children and their families.
- ♦ Lectured at conventions and seminars on crisis interventions for social services practitioners working with the families of children in foster homes.

**Assistant Professor of Psychology, Tus Higher Education Institute (THEI), Iran 2020 –2022**

- ♦ Presented courses on child psychology such as abnormal child psychology, developmental psychology, advanced developmental psychology, and statistics.
- ♦ Established a counseling service for newly arrived students, developed the processes and procedures for assessing their mental health state and sorting high-risk ones, and referred them to psychiatrists or social workers.

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## Education

- ♦ **Ph.D. in Psychology**

Psychology Department, Ferdowsi University of Mashhad, Mashhad, Iran. 2011 - 2018

- ♦ **M.Sc. in Clinical Psychology, (with Honors Distinction)**

Psychology Department, Alzahra University, Tehran, Iran. 2009 - 2011

- ♦ **B.Sc. in Mathematics, Major in Pure Mathematics**

Faculty of Mathematics, Ferdowsi University of Mashhad, Mashhad, Iran. 2003 - 2008

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## Skills

- ♦ Cognitive behavioral therapy
- ♦ Parenting counselling
- ♦ Mentalized based therapy
- ♦ Child centered play therapy
- ♦ Team collaboration and leadership

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## Research

### Publication in Refereed Journals

**Attari, A.,** Hashemabady, G., Ali, B., Mashhadi, A., & Kareshki, H. (2018). Temperament and Prosocial Behavior: The Mediating Role of Prosocial Reasoning, Emotion Regulation, and Emotion Lability. *Practice in Clinical Psychology*, 6(4), 257-264.

Khosravi, Z., **Attari, A.,** & Rezaei, S. (2011). Intimate partner violence in relation to early maladaptiveschemas in a group of outpatient Iranian women. *Procedia-social and behavioral sciences*, 30, 1374- 1377.

### Papers in Refereed Conferences

**Attari, A.** (2016) "The Effect of Implicit Pilgrimage Prime on Prosocial Behavior", *German-Iranian Workshop on Interdisciplinary Research Methods and Tertiary Education*, Tübingen.

**Attari, A.** (2015), "What Does Intimate Relationship Means to Those with OCD?", *the 15<sup>th</sup> European Congress of Psychology*, Milan.

**Attari, A.** (2013), Ashraf, H. "What Does Good Life Mean to Those with OCD and How is it Acquired?", *13<sup>th</sup> European Congress of Psychology*, Stockholm. (nominated as the best paper)

**Attari, A.,** Soltani Shal, R., & Aghamohmadian Sharbaf, H. (2012), "Survey the Relationship Between Attachment Style and General Self Efficacy with Homesickness among College Students", *World Conference on Psychology and Sociology*, Istanbul.

**Attari, A.,** Nemati, A., Mir-Dorqi, F., BarErfan, Z., & Adabi, R. (2012) "The Role of Early Maladaptive Schemas in Prediction of close Experience among Students" (in Persian), *the 6<sup>th</sup> Mental Health Seminar*, Gilan University, Iran.

**Attari, A.,** Salehi Fadradi, J., & Ahmari, M. (2012) "Compering Functions of Students in Engineering, English and Persian Literature in Classic Stroop Test" (in Persian), *the 6<sup>th</sup> Mental Health Seminar*, Gilan University, Iran.

## Selected Teaching

- ♦ Abnormal Child Psychology (B.Sc.), *THEI* Spring 2022
- ♦ Advanced Developmental Psychology (B.Sc.), *THEI* Fall 2021
- ♦ Developmental Psychology (B.Sc.), *THEI* Spring 2021
- ♦ Advanced Statistics for Psychology (B.Sc.), *THEI* Fall 2020
- ♦ Statistics for Psychology (B.Sc.), *THEI* Spring 2020
- ♦ Child Counselling (B.Sc.), *Khayyam University (KU)* Spring 2020
- ♦ Advanced Social Psychology (M.Sc.), *KU* Fall 2020
- ♦ Social Psychology (M.Sc.), *KU* Fall 2019
- ♦ Children Psychology (M.Sc.), *Imam Reza University (IRU)* Fall 2013
- ♦ Principals of Clinical Psychology (M.Sc.), *FUM* Fall 2013
- ♦ History and Schools of Psychology (B.Sc.), *FUM* Fall 2013 -Spring 2014-Fall 2014

## Selected Presented Workshops

- ♦ 70 Hours Course on "Child CBT therapy", Shahid Beheshti University Fall 2022
- ♦ "Childhood Anxiety" for practitioners, Ferdowsi University of Mashhad Polyclinic (FUMP) Winter 2021
- ♦ "Healing Grief in Children" for practitioners, FUMP Fall 2021
- ♦ "Mindsight Parenting" for practitioners, *Provincial Health Center* Fall 2021
- ♦ "Child Sex Education" for practitioners, *Provincial Health Center* Summer 2021
- ♦ "Child Sex Education" for practitioners, FUMP Summer 2021
- ♦ "Parenting" for families who adopted a child, *State Welfare Organization of Iran* Summer 2020
- ♦ "Crisis Intervention", *State Welfare Organization of Iran* Summer 2018
- ♦ "Early Childhood Parenting", *Jahad Daneshgahi Consuling Center (JDCC)*, Mashhad, Iran.

Summer 2020 - Spring 2022

- ♦ Taking Care of Children in Divorce Process, *JDCC*, Mashhad, Iran Summer 2020 - Spring 2022
  - ♦ "What Children Learn from their Parents' Relationship", *JDCC*, Mashhad, Iran Spring 2021
  - ♦ "Mindsight Parenting", *JDCC*, Mashhad, Iran. 2018-2020
  - ♦ "How to Talk with our Children?" *Consultation Center of Psychology Faculty, FUM.* 2013
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## References

- ♦ **Dr. Zohreh Sepehri Shamloo**  
*Jahad Daneshgahi Consuling Center*, [z.s.shamloo@um.ac.ir](mailto:z.s.shamloo@um.ac.ir), Phone: +1 925 445 9035
- ♦ **Dr. Masoud Moghaddaszadeh Bazzaz**  
*Jahad Daneshgahi Consuling Center*, [bazzaz1974@gmail.com](mailto:bazzaz1974@gmail.com), Phone: +98 937 937 7908
- ♦ **Dr. Razie Adabi**  
*Ferdowsi University of Mashhad Counselling Center*, [adabizr@gmail.com](mailto:adabizr@gmail.com)